

"HORSE MOVEMENT FOR CONNECTION AND BALANCE"

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Reward Based Horse Training



How to improve your horses balance and body awareness to keep her sound. This is a case study of one of my lovely horses and our work to bring her back to both physical and emotional balance. Focusing on a learner that actually enjoys the learning process and show a deep understanding of the gymnastic exercise.

To work with changing another organisms natural balance, addressing stiffness and to search for a greater overall relaxation takes a lot of trust. We will have a look at the necessary basics for this and how to create a systematic gymnastic program where your horse is an active partner. Alignment, movement and a focus on small details will help us reach this goal.

All my horses, as well as some of my students horses, will help illustrate the concept. We will look at weight distribution in both halt and movement. Ways to start impact and change the natural crookedness in our horses with the help of easy environmental setups and a horse that understands the exercises.

Welcome to join.

Speakers Time Slot

Monday 13th of December, 2021

8:30PM - 9:15PM CET